

Voices from Teachers

Mr. Katumba Bamabas, H/M Chadwick Namate PS, says: "We are so happy with your programme, special thanks to the TEU Director. I have received very good feedback about your training from the teacher in charge. I have talked to some of the children you trained and I'm really impressed because they express themselves well which was not the case before. I think the teacher in charge can tell you more".



Mr. Ham Livingstone a teacher at St. Agnes Bugonga PS a government aided school with over 1,000 pupils says: "TEU is a blessing to our school. Your trainings have brought discipline in our children. Also, the children now appreciate the importance of being in school. The trained children are good ambassadors to the rest. They are now able to take on leadership roles in school without fear. Since most of them joined secondary school, we pray that the TEU takes on more."



Miss Caroline, a teacher in charge, Chadwick Namate PS, says: "The discussions have really created tremendous change in our children. How I wish you could handle the whole school, I can imagine Chadwick would be the cream of Entebbe in academics, discipline and sense of responsibility".

'Great, great, and great! That's all I can say. TEU, you have made our work easy. We don't have to struggle with discipline. The children are now self-motivated and willing to listen to their teachers. We wish and pray that you frequently visit our school because through your trainings, our school has achieved a lot especially self-awareness and being assertive."



Mr. Kawuki Joseph Tamale, Deputy H/M St. Theresa

Our partners

Women Leading the Way: www.womenleadingtheway.com
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Teen Empowerment Uganda (TEU) is a nongovernmental organization with aims to empower teenage girls and boys to make positive choices and live productive lives. In many societies, teenagers have unmet needs which can drive them to risky behaviors that end in negative outcomes. Consequently, they tend to lose

hope and do not believe in a positive future. TEU works to bridge that gap by providing a forum for teens to share their experiences, explore the issues that affect their lives, and identify their common concerns. Registered in October 2010, TEU has reached 200 teenagers from four primary schools in Entebbe.



Inform • Inspire • Transform

25/06



Our Vision

A society where all teenagers are empowered to grow and realize their potential and commitment to lead purposeful lives.

Our Beliefs

- Advancing positive character results in positive social change
- Provision of honest, accurate, and non-judgmental information to teens is vital in developing their leadership potential
- With appropriate guidance young people are the best resources to guide their own lives
- Girls are a powerful and unique resource for creating social change
- Equal opportunities for teens irrespective of their gender, tribe, culture or social status is important
- Engaging teens in civic and community service initiatives provides skills that can last a lifetime
- Collaboration is more effective

Our Mission

To promote a friendly, safe and non-threatening environment where young people discover, care about and act upon their individual abilities through stimulation of their creative abilities and self-help interventions for their own good and their communities.

Our Objectives

- Empower teens at school with knowledge and skills to realize their potential through long-term outcomes based programs
- Sustain learning by nurturing healthy peer relationships and peer mentoring
- Educate girls about their reproductive health to empower them to live full and active lives at all times
- Strengthen the relationship between teenagers and their parents, guardians and teachers

- Advocate for the rights of teenagers to protect them from all forms of abuse

Our Target group

TEU programs are designed especially for urban under-privileged in-school teenagers aged 10-15 years. Teachers and parents are our secondary audience.

Our Current Activities

Our activities currently include: Group Dialogue, Counseling, Inspirational Talks and Service learning.



Through Group Discussions our Teens have a forum to share experiences, explore issues that affect their lives, and identify their common concerns. In 2013 we conducted 24 focus group discussions during school visits at our 4 target primary schools of Marine Base PS, St. Theresa PS, Chadwick Namate PS, and St. Agnes Bugonga. A total of 80 children were reached in 2013.



Ongoing Counseling sessions are held with children with special concerns identified during the group activities. Issues of stress, low self-esteem, body changes, poverty, HIV/AIDS, dealing with anger, parenting, and school success are among the issues we addressed during our sessions. Fifteen one-on-one counseling sessions were held with seven teens from the four schools.

Service learning integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility, and strengthen communities. This year, we had four cleanup exercises in three schools. Special Presentations involve an expert guest speaker who talks to teens on selected topics. One inspirational talk has been held so far.

Future programs:

We plan to rejuvenate Leadership Skills Training, introduce quarterly exchange visits and the Annual TEU Convention

Our area of Operation

Our activities are implemented in Entebbe Municipality in Wakiso district.



What Teens Say

"I am so happy about the training and knowledge I have got from Teen Empowerment Uganda. I will use the skills of teamwork when revising with my friends and sharing knowledge with them. This will help all of us to pass all the subjects we are weak at. I never knew that working together was good and important". Kato Emma, 11, P7, St Thereza Ps, Wakiso

"I will use what I have learnt to respect my friends. I used to laugh at my friends when they give wrong answers and this makes them shy. I now know that it is not good to laugh at someone when they are giving an answer-- that is not respect." Nalukwago Zaituni, 13, St. Thereza PS, Wakiso